# HPNA STATE-BASED COMMUNITIES

A How-To Guide for Growing HPNA Connections Locally

HPNA State-Based Communities are inclusive, member-driven networks designed to empower hospice and Palliative care nurses and nursing assistants within each US state. These communities foster professional growth, peer support, and collaboration through flexible, low-barrier engagement opportunities to advance the field at the state level. Transitioning from traditional chapter models, they emphasize minimal administrative burden while promoting dynamic, informal connections. By addressing state-specific needs and encouraging grassroots leadership, State-Based Communities aim to enhance the quality of care, strengthen professional relationships, and amplify the collective voice of HPNA members nationwide.

Here are some suggestions to get started today:

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# **PODCAST + PRACTICE**

Share an HPNA Podcast episode, then host a one-hour Zoom discussion on key takeaways and ways to apply them in practice.

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# **LOCAL COMMUNITY CONNECTIONS**

Build spaces for engagement through career fairs, networking events, or other collaborative opportunities.

3

### **CREATIVE REFLECTION**

Organize virtual sessions such as art, poetry, journaling, or storytelling focused on themes like compassion fatigue or legacy.

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## **ADVOCACY UPDATES**

Develop and maintain a state-specific advocacy thread to share updates and resources.

5

## **CONFERENCE MEET-UPS**

Host informal networking gatherings for members from your state who are attending upcoming HPNA conferences.

6

### JOURNAL CLUB

Lead a monthly discussion on selected articles from HPNA journals.

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## **COFFEE CHATS**

Offer casual in person or virtual meet ups at a local coffee shop for local members to connect and share experiences.

Want to share events on the HPNA Community page? <u>Click here</u> to join us as a State Community Event Coordinator!